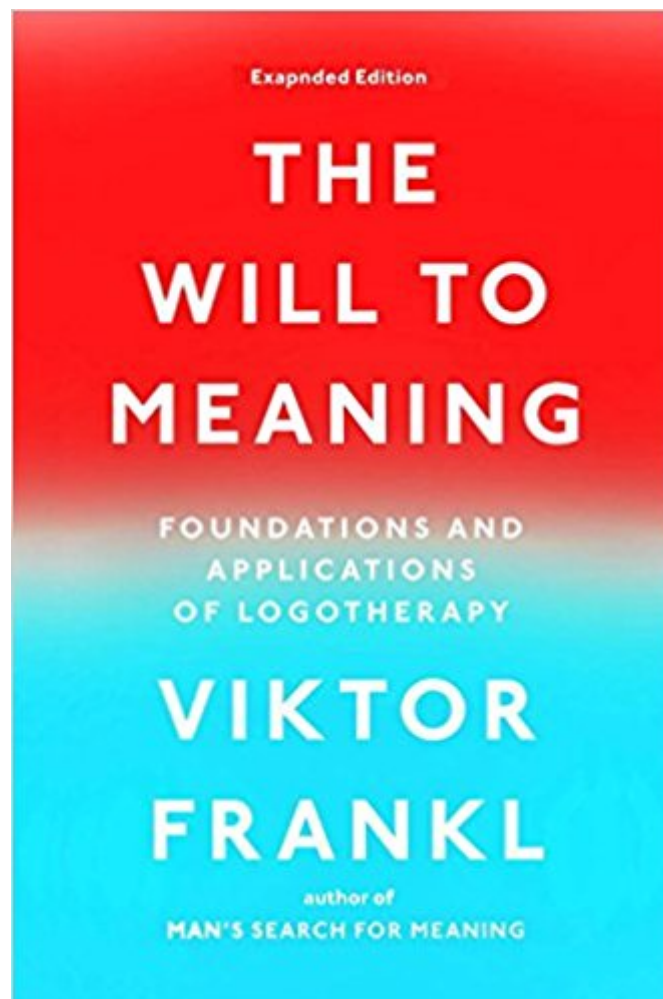




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# The Will To Meaning: Foundations And Applications Of Logotherapy



## Synopsis

Holocaust survivor Viktor E. Frankl is known as the founder of logotherapy, a mode of psychotherapy based on man's motivation to search for meaning in his life. The author discusses his ideas in the context of other prominent psychotherapies and describes the techniques he uses with his patients to combat the "existential vacuum." Originally published in 1969 and compiling Frankl's speeches on logotherapy, *The Will to Meaning* is regarded as a seminal work of meaning-centered therapy. This new and carefully re-edited version is the first since 1988.

## Book Information

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## Customer Reviews

âœPerhaps the most significant thinking since Freud and Adler.â•â "The American Journal of Psychiatry" âœFrankl is one of the most famous and gifted of all psychiatristsâ | The incredible attempts to dehumanize man at Auschwitz and Dachau led Frankl to commence the humanization of psychiatry through logotherapy. Frankl is a professional who possesses the rare ability to write in a laymanâ™s language.â•â "Dr. Gerald F. Kreyche, professor emeritus at DePaul Universityâœl regard this book as one of the outstanding contributions to psychological thought in the last fifty years.â•â "Dr. Carl Rogers, author of Client-Centered Therapy" âœDr. Franklâ™s contribution to psychotherapy has been great. He is perhaps the only non-behaviorist to have contributed a method to behavior therapy. The modesty with which he has put forward his important work has been remarkable.â•â "Dr. Joseph Wolpe, author of The Practice of Behavioral Therapy

Viktor E. Frankl (1905-1997) was Professor of Neurology and Psychiatry at the University of Vienna.

During World War II, he spent three years in Auschwitz, Dachau, and other concentration camps. He was the founder of the Third Viennese School of Psychotherapyâ ”the school of logotherapyâ ”and President of the Austrian Medical Society of Psychotherapy. His twenty-nine books have been translated into twenty-one languages.

I really like Frankl and this is another book he delivers on. It really has no christian principles, for those who were looking for more spiritual direction, but Frankl does offer insight on human emotions, will, etc. I still find it hard to believe that this man, having survived four concentration camps, remained such a positive individual. Blows my mind!!

This is a great read for any budding psychologist who fears the narcissistic tendencies of the profession. It returns humanity to our patients.

A most amazing man and Logo Therapy is especially helpful for those who are in 12 -step programs, or those who have suffered tragedies and trauma in their lives. Highly recommend.

One of the Great Minds of this century and well read. If you have any question on Faith, spirituality and psychoanalysis you will not be able to put it down. Read also his first book; Mans Search for Meaning.

Profound. A must reader for any seeker of meaning/purpose.

Frankl's discussion about meaning is very helpful. After reading his work, I better understand his view point. This helps in grasping some of life's more challenging moments and vexing questions.

This is one of the most important books of the 20th century, demonstrating the power of a mind with a purpose to transcend even the worst possible circumstances.

Logotherapy seems to be a precursor to Beck and Beck "Cognitive Therapy" ,just an interested layman's view. Will pursue morearticles .

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